



Lasavia Healing offers a place of learning, a wānanga, where we open doorways to the non-ordinary world, where we connect with nature, and where we integrate our mystical experiences within our lives. In doing so our lives change. By working together in circle and sharing our insights and our discoveries we deepen our sense of place and bring forward our gifts.

Leila Lees

Founder, Lasavia Healing

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lasaviahealing.nz

Lasavia Healing Prospectus

*training
and essences
for integrated
sacred connection*

Shamanic practice in co-creative circle
discovering our connections
to the spiritual and natural worlds



The nature of exploration and learning with Lasavia Healing.

"Lasavia Healing has been a life-changing experience for me. The learning has changed my perspective on how the world works and how the individual's subjective experience is integral to the whole."

The learning culture of Lasavia Healing values the intellect in tandem with experiential understanding. This allows integration and practical application of what is learnt. Lasavia Healing fosters individual learning styles to open pathways of practice, refining who we are through relationship and connection to the natural world.

We consider that complexity exists in all life and that we are part of that complexity. Complexity is in our innate nature and so our kaitiakitanga, our guardianship, of our learning culture, is to allow complexity to exist. Within the medicine sphere lies the structure Lasavia Healing puts in place to encompass the natural movement and reflection of this complexity of life.

Lasavia Healing does not deny the shadow but sees the shadow as showing where we are not aligned. Through the shadow, we find our inner direction and truth. We see self-responsibility as liberating and our learning culture encourages the growing of an inner authority.

To participate in Lasavia Healing is to embark on an inner solitary journey. This inner journey is reflected by a community that upholds the individual evolution of soul. We recognize that co-creation and being in community are crucial and transformational aspects at the heart of this work. The soul needs the practice of relationship, self-awareness, the understanding of the will, and the building of a strong inner knowing, so that there is an alignment to an inner truth and dedication.

We look at the whole and its integration into ordinary life and see that fundamentally spiritual transformation is a potent experience that involves our whole being.

To enquire further, email info@lasaviahealing.nz

The tree is the symbol for our learning and teaching.

At the roots we arrive as students through the Introductory Workshops and Foundation Courses, and as we grow together coming into the Healing Diploma and becoming teachers, we are also students again, learning and growing with each other. Lasavia Healing recognises the symbiotic relationship between students and teachers.

Students may enter into Introductory Workshops, learn to use the Lasavia Healing Essences, or undertake several years of training to become a qualified Lasavia Healing shamanic practitioner or a qualified Essences practitioner, and through completing the Masters Course become a teacher.

To embark on our workshops and courses visit lasaviahealing.nz



Introductory Workshops

The intention of the Introductory Workshop is to introduce Lasavia Healing – connecting teachers and students and introducing the medicine sphere. We explore unique ways of receiving, shamanic journeying, nature connection and processes of communication.

The structure of these workshops varies; they may be an evening and day, or a weekend course.

Co-creative Circles

A co-creative circle is a gathering of people coming together to enquire into varying subjects through exploration, communication, journeying and natural curiosity. These circles are a place to enter into the unknown through the support of the medicine sphere.

Co-creative circles are usually held in the evening and are about three hours in length.

Find us on facebook or sign up for our newsletter to hear about upcoming circles.



Foundation Certificate

Duration: Two years

Pre-requisite: There is no pre-requisite to this course. However students are encouraged to attend an Introductory Workshop, to give an understanding as to the nature of the work.

Structure

Year One: six weekend workshops

Year Two: six weekend workshops

The Lasavia Healing Foundation Certificate course accentuates the naturalness of our spirituality, the need for acute observation and awareness, and reminds us of the power of dignity as we plumb the depths of our inner exploration. It is a transformative course designed for healers, creators and leaders in their various fields enabling them to access their individual gifts, bring their lives into a spiritual context and connect with their natural environment.

The structure is inherently supportive and all workshops are created within a sacred circle that is both liberating and respectful. The associated Lasavia Essences are used to support and deepen the work.

Students are encouraged to also participate in the Co-creative Circles that are usually run in parallel to the Foundation Course.

Year One

In the first year we introduce the foundation of this learning: the medicine sphere, shamanic journeying, nature connection, symbolism and working as a community. We journey to find our power animal, explore shamanic healing, body dreaming, cleansing and clearing energetically. We examine the importance of self-nourishment and grounding in spiritual work.

Further to the foundation of this work we bring forward an exploration of our ethics and values. We look at how we are in relationship, relationship with our families, our work places and with ourselves. This is the revelation of self-responsibility.

We look at our relationship with spiritual guidance and through shamanic journeying we meet a spiritual teacher in the etheric plane. From here, we examine the nature of enquiry, belief systems, projection and the power of intention. We look at spiritual practices, forms of meditation, prayer and contemplation. Through a connection to the spiritual warrior we see how we are in our relationships and explore the ancestral patterns that we have inherited through our lineage.

Students experience the teaching of the ancestors through connection to place and landscape, learning to connect to essential wisdom.

The Lasavia Healing Wild Weed Essences are brought forward to enhance and support this year's teachings.

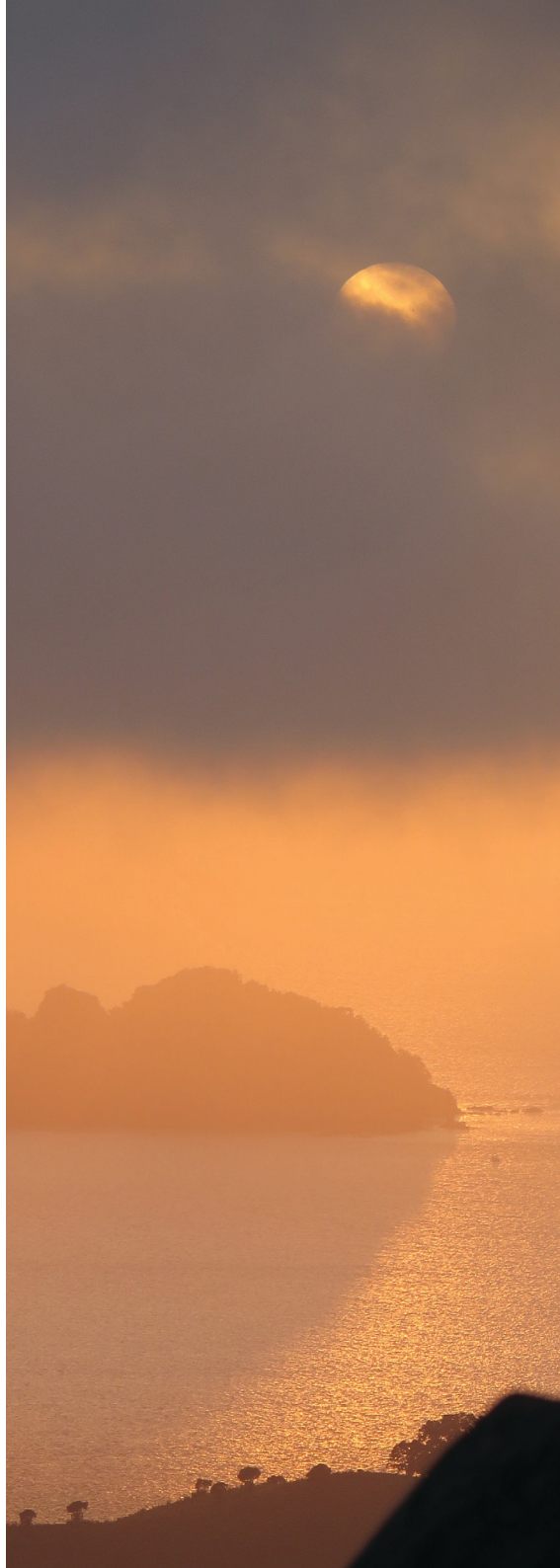
Year Two

The second year brings the medicine sphere into greater personal and group practices. Through the support of the medicine sphere we examine our shadow, exploring ways to integrate our shadow rather than repel it, understanding that our shadow leads us to insights into our gifts. We investigate how to be with emotions, to see our emotions as indicators and ways to work with recurring patterns in our lives.

We look at our relationship with the material world and our creativity, creating sacred tools and experiencing the nature of kaitiaki, particularly the responsibility in relationship to sacred objects.

The last workshop completes the two years of study and is an important compilation of two years of working together and so it is also a time of gifting and of celebrating each other and through ritual, experiencing the crossing of a threshold in our personal journey.

The Lasavia Healing Native Plant Essences are brought forward to support and enhance the work of Year Two.



Lasavia Healing Diploma

Duration: 2 years

Prerequisite: Lasavia Healing Foundation Certificate

Structure

Year One: Six five-day workshops

Year Two: Seven five-day workshops

The Diploma course challenges the student to step up into their work. This means that what is learnt becomes integrated and real in their lives, with the understanding that the whole of life is integrated, spiritually, mentally, emotionally and physically. The vision is extended so that the individual works in tandem with a greater service, looking at the relationship with land and people from both sides, seeing what it means to be kaitiaki. The student is encouraged to work co-creatively in circles in their own communities and to connect to a project that they receive from their spirit guides.

Each workshop is five days, this allows for a deeper immersion into the work. In Year One there are six workshops, and in Year Two there are seven workshops, the last workshop being dedicated to a vision quest, celebration and reflection of the culmination of the two years of work.

Year Three

In the first year we explore enterprise and individual gifts and talents. We look at how to express our individual blueprint within a social context. We examine what is healthy community, how community allows the growth of individual talent and also creates a culture that supports each other as a whole.

Key learning components are land healing, ethics, group heart and group mind. We look at the relationship we have to the animal kingdom, the sacred masculine and sacred feminine, we build and work a labyrinth, exploring spiral journeys and ancient wisdom in contemporary times. We go further with symbolic language, the nature of dreaming and manifestation. We create power masks, and work more deeply with our innate power, healing and spiritual practice.

The Lasavia Healing Insects Essences are used in tandem to this year, deepening our understanding of them, bringing forward their unique assistance.

“Lasavia guides and supports the individual through this process of learning to trust the messages that come to us through the intuition.

The spacing of the workshops allows time for the revelations brought about by the work to integrate into ordinary life, so that change can be incremental and sustainable.”

Year Four

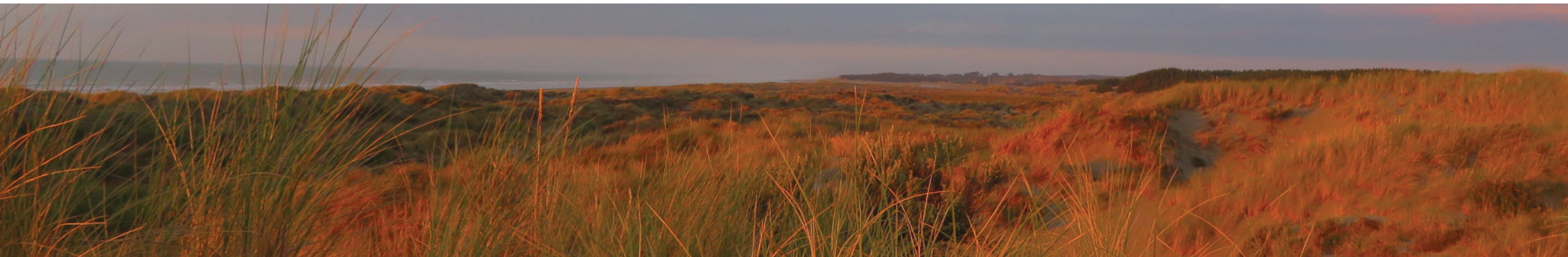
The second year combines an understanding of the individual blueprint and relationship with study, observation and exploration of the energy, subtle worlds, dimensions and rituals. Shamanic tools and processes of healing are taught as well as the role of the healer and the journey of the seer. We look at how this is expressed individually and how to be ethical in our healing practice. We also look at truth, timing and action.

A core focus for this year is the power of unconditional love and the work of the healer. We embrace the healing journey of the soul. We examine what is soul, spirit and source. The layers of insight and healing through soul retrieval, where we examine the concepts of soul and soul loss through trauma, neglect of our basic needs and the experience of not being received into the world with honour and joy. Through learning soul retrieval we look at dealing with processes of energy empathy and creating clear boundaries in healing work. Part of the teaching is working with the extraction of entities and clearing energy. We finish the course with a vision quest and explore ongoing support past the end of the teaching year.

There is work around professional relationships in healing and understanding the notion of mentoring. Students are expected to be at a level where they can begin to run co-creative circles and are prepared to take on clients and case studies.

All students in this year will need to have a mentor that is an experienced practitioner. There will be esoteric study and study pathways encouraged that follow the talent of the student.

The Lasavia Healing Mineral Essences are used in tandem to this year, deepening our understanding of them and bringing forward their unique assistance.





Certificate in Lasavia Essences

Duration: 1 year

Prerequisite: None

Structure: Online

The Certificate in Lasavia Essences is a year-long online course. The purpose of this course is to introduce the concepts and processes that are part of these unique essences. Through information and practice, we cover the influence and language of landscape, we cover what is essence and gesture within plants and animals, and we also begin a discussion on nature intelligence and the role of elementals in the essences. We look at lineage of the particular essence and the lineage of medicine; we also bring forward the context and background of vibrational medicine. There is an explanation of how the essences are made, how to create dosage bottles and working with different methods in choosing an essence.

From this course you will have a good background in understanding how essences work, you will feel confident in using the essences for yourself, friends and family and be able to present and sell the Lasavia Essences at markets or in store.

In addition to the online course there is an option to attend a week-long workshop bringing forward this material in person.

Diploma in Lasavia Essences

Duration: 1 year

Prerequisite: Certificate in Lasavia Essences

Structure: Online and one week-long workshop

The Diploma in Lasavia Essences is a deeper exploration into the Lasavia Essences and how to work with them as a practitioner. We deepen our understanding of the subjects of lineage, nature intelligence and the elemental's role in the Lasavia Healing essences. We look further at visioning and other forms of extraordinary dialogue, how we see, and explore further into subtle fields and patterns of life force. We work with the medicine sphere and explore personal and healing ethics. We look at the role of the healer and pathways of modalities that work with the essences.

This diploma is an online course with a one-week workshop to be attended in person.

Upon fulfillment of the Diploma you will be a qualified Lasavia Essence practitioner and competent to add these essences as another modality to support your own healing modality.

Lasavia Healing Masters

Duration: 1 year

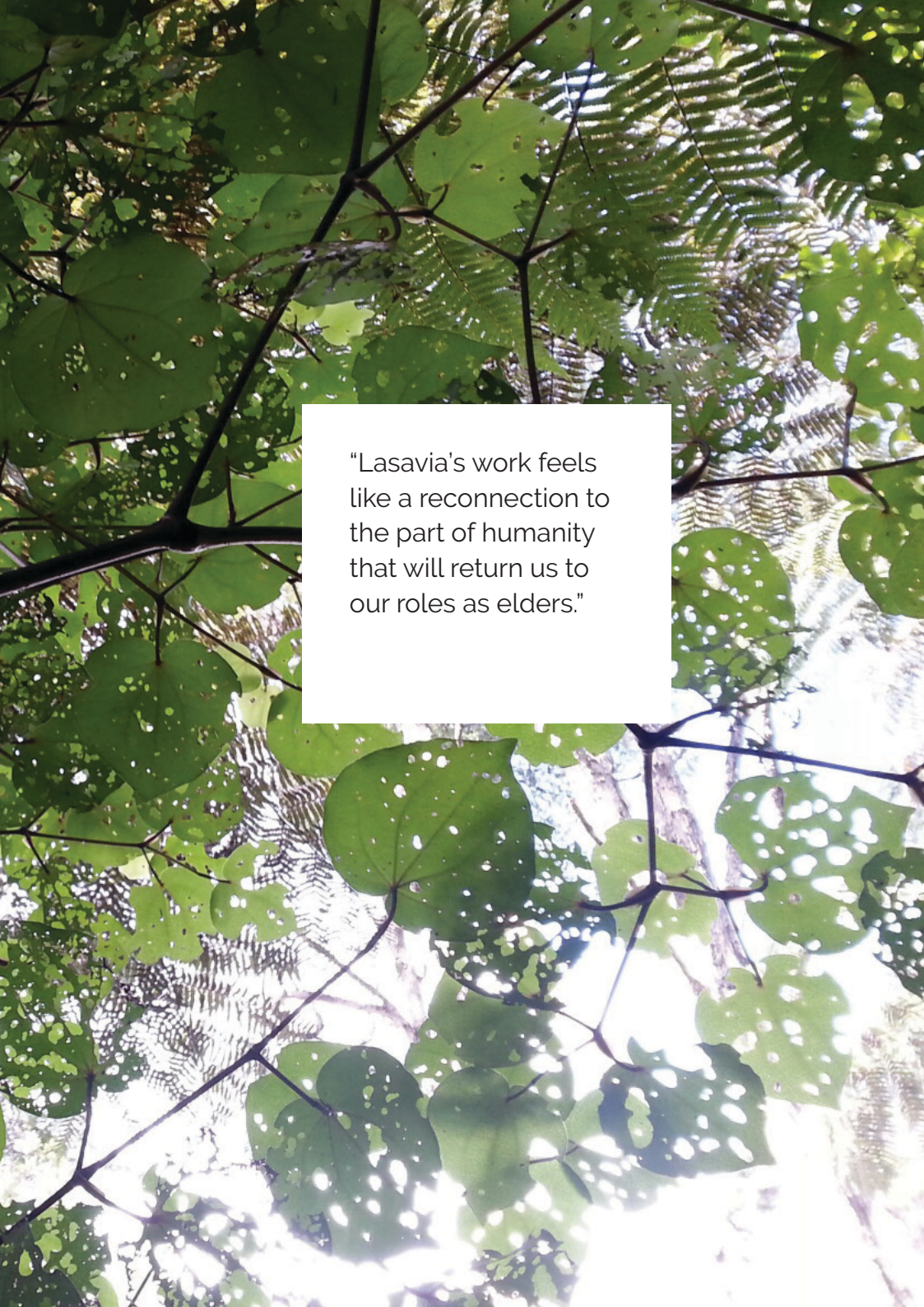
Prerequisite: Lasavia Healing Diploma

Completing the Masters year is a prerequisite to becoming a Lasavia teacher.

Structure: Three week-long workshops, facilitated in part by students.
16 hours of mentoring.

The Lasavia Healing Masters year is about developing an area of personal expertise. Students create a project that encompasses their gift or service and develop a structure of work, practice and study throughout the year. There are three week-long workshops in the year where students bring forward their work and lead aspects of the week. The teaching focuses on leadership, facilitation and looking at the pathways through personal challenges as they delve deep into their service through the project.

This year involves a mentoring programme, and there is a recognition that part of this journey may encompass difficult and solitary explorations. Students need to present a clear outline and proposal of their project one month before the first workshop.



"Lasavia's work feels like a reconnection to the part of humanity that will return us to our roles as elders."